

Productivity Self-Tracking Form

Envelope Stuffing (Cross of each box after completing each envelope)

1	2	3	4	5 1 Note	6	7	8	9	10 1 Note
11	12	13	14	15 1 Note	16	17	18	19	20 3 Notes
21	22	23	24	25 3 Notes	26	27	28	29	30 3 Notes
31	32	33	34	35	36	37	38	39	40 5 Notes
41	42	43	44	45	46	47	48	49	50 5 Notes
51	52	53	54	55	56	57	58	59	60 10 Notes

How many PROMOTES Notes did you earn? _____

Label Making (Cross of each box after completing each envelope)

1	2	3	4	5 1 Note	6	7	8	9	10 1 Note
11	12	13	14	15 1 Note	16	17	18	19	20 1 Notes
21	22	23	24	25 1 Notes	26	27	28	29	30 1 Notes
31	32	33	34	35	36	37	38	39	40 3 Notes
41	42	43	44	45	46	47	48	49	50 3 Notes
51	52	53	54	55	56	57	58	59	60 3 Notes

How many PROMOTES Notes did you earn? _____